

INTERVENTIONAL CARDIOLOGISTS OF GAINESVILLE

NAME: _____

DATE AND TIME: _____

CANCELLATIONS:

In the event you will not be able to keep your appointment, please contact our office at least 24 hours in advance. The materials used are ordered specifically for your exam, and you will be responsible for the cost if you or your doctor do not cancel this appointment.

HAVING A NUCLEAR CARDIOLOGY EXAM:

This is an outpatient procedure. The test will take approximately 3 to 3 1/2 hours.

Avoid all caffeinated products 24 hours prior to the test procedure (this also includes "decaf" products, colas, tea, chocolate, etc.). After midnight prior to your appointment, do not eat or drink anything with the exception of water. You are allowed water the morning of the test. Patients scheduled for their exam after 12 noon are allowed toast, cereal, milk or water by 8:00 am in the morning of the test. Only water after 8:00. Most medications can be taken the morning of the test. Long acting nitrates (Imdur, Monoket, Isosorbides) should not be taken the morning of the test. If you are taking breathing medications (Theo-dur, Slobid, Theophylline), please contact our office, they may need to be discontinued 48 hours prior to your test.

You should wear comfortable clothing. The lab is cool, and you may want to bring a light jacket with you. The test will be explained to you and your medical history reviewed. A small IV will be inserted into a vein. Thallium will be injected into the IV site, and you will wait a short while prior to having pictures taken. The stress test will come next. EKG patches will be placed on your chest for monitoring, and a blood pressure taken. Cardiolite will be injected during the stress test. After the completion of the stress test, the IV will be removed. You will then wait a minimum of 1 hour before the last set of pictures are taken. After the last pictures, you are able to go home and resume normal activities.

Thallium and Cardiolite are NOT iodine dyes, and do not cause any side effects or reactions!!!!!!!!!!

RESULTS:

Your family doctor will be faxed the same day with your test results. In most circumstances our office will contact you the same day as the test, or first thing the next morning.

If you have any questions regarding medications or the test instructions, please do not hesitate to contact our office.

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