



Interventional Cardiologists of Gainesville

Cardiac Catheterization Preparation and Instructions

Patient Name: _____

Date of Procedure: _____

Your procedure has been scheduled at the office of Interventional Cardiologists of Gainesville. In order to provide the highest quality of care please read the following instructions and call our office at (352) 333-7050 if you have any questions.

- Please bring a list of medications and the dosage you are currently taking.
- If you are taking Coumadin, please discontinue the Coumadin 5 days prior to your procedure. Upon arrival, advise the staff when your last dose was taken.
- If you are taking Plavix or Aspirin, continue taking them as prescribed.
- If you are diabetic, the morning of your procedure DO NOT take your **Insulin** and/or oral medications until after your procedure. If you are currently taking **Glucophage or Glucovance**, please stop these medications **48 hours** prior to your procedure.
- All other medications not listed above can be taken the morning of your procedure with small sips of water.
- Do not eat or drink anything after midnight the evening prior to your procedure.
- Our Cath Lab staff will contact you the afternoon prior to your procedure by 5pm to advise you what time you will need to arrive the following morning. Please dress comfortably and warmly, including a warm pair of socks. Please bring your insurance cards and identification.
- Laboratory data will be needed prior to your procedure. A current CBC (Complete blood count) and BMP (Basic metabolic panel) must be drawn within 2 weeks of your procedure. If you have not had your labs drawn, please contact our office as soon as possible for us to make arrangements to have these done.
- You will not be allowed to drive any vehicle for 24 hours after your procedure. Please make sure you have someone with you to drive.

WHAT TO EXPECT THE DAY OF YOUR PROCEDURE

When you arrive, the front desk staff will obtain demographic and insurance information if needed. You will then be taken back to the holding area to prepare you for your procedure. A family member or guest will be allowed to be with you before and after your procedure. Due to privacy laws and available space, only 2 family members or guests at a time will be allowed in the holding area. Your procedure should take approximately one hour. After your procedure, you will be required to lay flat for a period of 1-2 hours. Be prepared to be here approximately 4-6 hours for the entirety of your stay. Once your physician feels it is appropriate, you will then be released with your family or guest to take you home.